



Evaluating Dented Cans

Eating food from dented cans can be safe as long as the dent is small, not on the rims or seam, and does not expose the contents of the can to the outside air. Products in slightly dented cans can be consumed as long as there are no leaks and the product appears wholesome.

Example of Acceptable Dented Cans:



Dented but still good



Dented but still good

Examples of unacceptable dented cans- DO NT USE THESE CANS:



Swollen or bulging top or bottom



Sharp dents in top seams or rim



Severe dents affecting the side and/or end seams



Sharp dents in the sides that prevent stacking of cans



Sharp dents parallel to the rim



Rust that causes pitting or that cannot be rubbed away



Malformed rim or loose top



Missing or illegible label

For more information please contact Food Bank For New York City's Associate Director of Community Nutrition: 212-566-7855